

THE HUB

CONFERENCE & EVENTS



RYDGES

SYDNEY AIRPORT



DAY DELEGATE MENU

THE HUB

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MONDAY

MORNING TEA

A Selection of Freshly Baked Danish Pastries
Smoked Bacon and Egg on Hot English Muffins
Mini Chocolate Chip Muffins

WORKING LUNCH

Roast Beef, Seeded Mustard, Swiss cheese, Tomato and Lettuce on Seeded Sourdough Bread
Tomato and Bocconcini with Basil Pesto and Rocket on Ciabatta Bread Classic Greek Salad, Olives, Feta and Balsamic Glaze
Mini Vegetarian Spring Rolls and Fried Chicken Dumplings with Chilli Soy Dip
Baked Cheesecake with Fresh Strawberries

TO KEEP YOU WARM IN WINTER

Rydges Hot Soup of the Day with Freshly Baked Bread Rolls
(available in winter– 11:00 AM to 2:00 PM)

AFTERNOON TEA

Apple Crumble with Cinnamon Sugar
Selection of Donuts
Custard-Filled Mini Profiteroles

TO KEEP YOU COOL IN SUMMER

Mini Magnum/Paddle Pop/ Zoopa Doopa – Ice Cream Cart
(available in summer from 2:00 PM)



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TUESDAY

MORNING TEA

Banana Smoothie Shots with Chai Seeds
House Baked Scones with Vanilla Whipped Cream & Strawberry Jam Mini
Ham & Cheese Croissants

WORKING LUNCH

Ham, Double Cream Brie and tomato Baguette
Mediterranean Vegetables and Swiss cheese on Focaccia Bread
Chicken Caesar salad, crispy bacon and parmesan cheese
Fish and Chips – Tartar Sauce and Fresh Lemon
Rydges Apple Crumble with Cinnamon Sugar

TO KEEP YOU WARM IN WINTER

Rydges Hot Soup of the Day with Freshly Baked Bread Rolls
(available in winter– 11:00 AM to 2:00 PM)

AFTERNOON TEA

Tropical Fruit Salad
Rydges Homemade Cookies
Portuguese Tarts

TO KEEP YOU COOL IN SUMMER

Mini Magnum/Paddle Pop/ Zoopa Doopa – Ice Cream Cart
(available in summer from 2:00 PM)



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WEDNESDAY

MORNING TEA

Mixed Berry or Tropical Yoghurt Shot Glasses
Smoked bacon and egg wrap
Selection of Freshly Baked Danish Pastries

WORKING LUNCH

Cajun Chicken and Avocado Wraps
Tomato Bocconcini with Basil Pesto and Rocket on Ciabatta Bread
Picked Beetroot, Rocket Salad and Feta Cheese with Balsamic Dressing
Crumbed Chicken Strips and Chips with Sweet Chilli Dip
Chocolate Mud Cake with Coconut

TO KEEP YOU WARM IN WINTER

Rydges Hot Soup of the Day with Freshly Baked Bread Rolls
(available in winter– 11:00 AM to 2:00 PM)

AFTERNOON TEA

Tropical Fruit Salad
Custard-Filled Mini Profiteroles
Mini Sausage Rolls

TO KEEP YOU COOL IN SUMMER

Mini Magnum/Paddle Pop/ Zoopa Doopa – Ice Cream Cart
(available in summer from 2:00 PM)



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THURSDAY

MORNING TEA

Smoked Bacon and Egg on Hot English Muffins
Mixed Berry or Tropical Yoghurt Shot Glasses
Mini Chocolate Chip Muffins

WORKING LUNCH

Chicken Caesar Wrap - Seasoned Chicken, Parmesan Cheese, Bacon, Cos
Lettuce and Caesar Dressing
Roast Beef, Seeded Mustard, Swiss cheese, Tomato and Lettuce on
Seeded Sourdough Bread
Curried Cauliflower and Wild Rice Salad with Lemon Dressing
Margherita Pizza
Baked Cheesecake with Fresh Strawberries

TO KEEP YOU WARM IN WINTER

Rydges Hot Soup of the Day with Freshly Baked Bread Rolls
(available in winter– 11:00 AM to 2:00 PM)

AFTERNOON TEA

Tropical Fruit Salad
Cinnamon Churros and Chocolate Dip
Portuguese Tarts

TO KEEP YOU COOL IN SUMMER

Mini Magnum/Paddle Pop/ Zoopa Doopa – Ice Cream Cart
(available in summer from 2:00 PM)



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FRIDAY

MORNING TEA

Mini Ham and Cheese Croissants
Bircher Muesli Shot Glasses
House Baked Scones with Vanilla Whipped Cream & Strawberry Jam

WORKING LUNCH

Ham, Double Cream Brie and Tomato Baguette
Tomato and Bocconcini with Basil Pesto and Rocket on Ciabatta Bread
Classic Greek Salad, Olives, Feta and Balsamic Glaze
Spicy Chicken Pizza
Chocolate Mud Cake with Coconut

TO KEEP YOU WARM IN WINTER

Rydges Hot Soup of the Day with Freshly Baked Bread Rolls
(available in winter– 11:00 AM to 2:00 PM)

AFTERNOON TEA

Tropical Fruit Salad
Selection of Donuts
Mini Sausage Rolls

TO KEEP YOU COOL IN SUMMER

Mini Magnum/Paddle Pop/ Zoopa Doopa – Ice Cream Cart
(available in summer from 2:00 PM)



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